

Today's **Agenda**

- How to Think About Al
- The Good: Best Practices for AI
- The Bad: Common Mistakes
- Real Examples
- Demo

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How to Think About Al





What Al Can Do (And Can't Do)

Al Can:

- Recognize patterns and make recommendations based on them
- Perform calculations
- Access thousands of documents at a time to find the answer to many questions
- Create content from a human prompt
- Automate repetitive tasks

Al Needs You For:

- Creativity and input
- Understanding what questions to ask
- Correct inputs for content
- Ensuring accuracy and limiting "hallucinations"
- Common sense and ethical judgements

Working Al Into Your Day

- Al is changing fast. Don't get overwhelmed trying to use and test it all - find a few problems to a address and start small.
- Focus on the challenges of your event, not all the possible uses of Al.
- Learn about the different tools available to you, and try the free versions.
- Once you better understand your likely use-cases, invest in one or two paid AI assistants to take advantage of newer models and fewer limits.

















Google Al Studio





Tools I Use & Recommend

ChatGPT

- Drafting & editing content
- Creating color palettes and logos

Canva Al

- Creating color palettes and logos
- Photo editing (removing unwanted objects in an image)

Nano Banana

Generating and editing images











The Good

Best Practices for Al

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Drafting **Content**

Use AI to help draft:

- Web copy
- Email copy
- Social media copy
- FAQ page
- Sponsorship packages

Reminders:

- Include all details about your event in text so AI can access them.
- Don't just copy and paste suggested text - Al can still make mistakes!

Prompt Examples:

- Write a friendly, engaging race description in under 200 words for my upcoming fall 5k at [LOCATION] on [DATE] that I can use in an Instagram post.
- Write a post-race thank you email that I can send to runners that includes a shout out to our sponsors [list out sponsors], a link to view race results and photos, as well as a call to action to sign up for next year's race to take advantage of early bird pricing.

Editing **Content**

Use AI to help:

- Proofread website or email copy.
- Shorten website content to fit into a social media post or email.
- Formatting content to be readable and organized.
- Help change tone from being obviously AI to human sounding, lighthearted, professional, etc.

Prompt Examples:

- Proofread the below copy for any spelling or grammatical mistakes.
- Can you take the race info from my website [LINK] and shorten it for a social media post?
- Below is my sponsorship packet content.
 Format into a more organized packet that I can send out to potential sponsors.
- Below is copy from my Turkey Trot race website. Help change the tone of the copy to a more lighthearted tone that has turkey puns.

Brainstorming Visuals

Use AI to help create:

- Color palettes
- Race logos
- Header images
- Edit images for race promotion
- Resize images

Don't be afraid to ask for more options or revisions.

Prompt Examples:

- Generate a 3-color palette inspired by autumn in NJ
- Generate a round logo using the following color palette: [insert colors codes] for my fall trail race in NJ. Final size should be 500x500px.
- Remove the person blocking the race finishers in the attached image.
- Resize the attached image to be 1200x1200px. Don't stretch the image, just crop to new size and make sure to keep the runners in the image.

The Bad

Common Mistakes

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Common Mistakes

Over-reliance on AI text

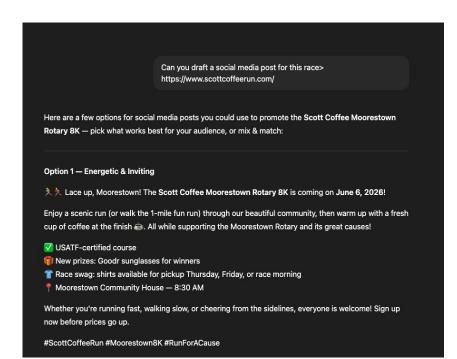
- Sounds robotics
- Looks like obvious Al generated content (usually lots of emojis $\stackrel{1}{\rightleftharpoons}$ $\stackrel{1}{\cancel{\sim}}$ $\stackrel{2}{\cancel{\sim}}$ $\stackrel{2}{\rightleftharpoons}$ $\stackrel{2}{\rightleftharpoons}$ $\stackrel{2}{\rightleftharpoons}$
- Inconsistent brand voice

Using AI for people-heavy images

Creates unrealistic or off-brand visuals

Not Fact-Checking

Al can "hallucinate" or produce off-brand content





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Good **Examples**

With this color palette (Dusty Coral Hex: #D9886A, Golden Wheat Hex: #E2C290, Olive Green Hex: #8A9A5B, & Slate BlueHex: #6A7B8) can you help create a logo for the race. The name of the race is The Labor Day Hustle & will take place on Labor Day. It will be a 10k around a lake. I want the logo to be circular in shape & be 500x500px.

On it! Hang tight for a moment while I get your logo started.



Photo editin

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Bad **Examples**

I don't have pictures I can use for a header image since this is the first year I'm hosting the event. Can you help create a banner image for the event using the attached image? The banner image final size needs to be 2000x800px. The attached image does not need to circular within the banner image, I just want to use all of the different elements in it.



On it! Hang tight while I work on your banner. I'll do my best to work in your changes, but just a heads-up—super detailed edits might not come through exactly as you want.







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Questions?

Thank You!

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Next Webinar: Building Content for Al Webinar Wednesday, 10/8 2PM ET/11AM PT



